

Health and Wellbeing Board
Annual Report
2022/23

Foreword

As Chair, I would like to invite you to read the Annual Report of Warrington's Health and Wellbeing Board (HWB).

Warrington's third Health and Wellbeing Strategy 2019-23, highlighted some of the key achievements and ongoing work to improve population health and wellbeing. This annual report outlines progress on the four strategic themes set out in the strategy namely: Starting Well, Staying Well and Ageing Well, supported by Strong and Resilient Communities. In view of the refresh of the Health and Wellbeing Strategy that is currently underway, this report also highlights some of the next steps and the supporting work that is in place to do this.

Warrington's HWB has built, and continues to build, strong working partnerships that enable the development of place-based approaches to improve health and wellbeing. In considering progress to date, the HWB gratefully acknowledges all the hard work of the many subgroups and partnerships who have taken forward the vital work to improve health and wellbeing and reduce health inequalities for the people of Warrington.

The current 2019-2023 strategy emphasises that people, public sector, voluntary sector, schools, colleges and businesses all have a part to play to help improve health and wellbeing, prevent ill health, and to address health inequalities locally. The HWB recognises the roles that many have played in driving forward and reaching goals.

Cllr Paul Warburton

Cabinet member for statutory health and adult social care



Summary of key achievements

In driving and delivering on health and wellbeing outcomes for the Warrington population, the Board has consistently looked to the strong relationships between members and system partners to achieve key successes.

Covid-19 pandemic

In 2021/22, the HWB continued to support public health, social care, hospital and primary care leadership in responding to the Covid-19 pandemic and recovery phase to help protect local communities and vulnerable groups and to support businesses.

Throughout the pandemic, the Board assessed the local picture, including case rates in Warrington and in our care homes, schools and other settings, in order to help guide actions to protect the health of our residents. The Board worked with partners to respond to the changing picture of Covid-19 locally and tackle inequalities. One outcome of Board discussions on variations in vaccine uptake was the expansion of the Covid-19 vaccination offer.

This expansion ensured that residents were able to access vaccinations locally as well as through larger vaccination centres. The Board also kept an overview of the work of the third and voluntary sector and the council's wellbeing service who together distributed food and other items to the most vulnerable during the pandemic.

The Board also considered the wider impacts on health of the Covid-19 pandemic, for example on physical inactivity, early years development, mental health and impact on social connections.



We helped to support and facilitate a number of vaccination points for residents

Town Deal Programme

The Board was a key partner in the Town Deal programme which is funding the development of the following two new health and social care services for Warrington.

Living Well Hub

A new £3.1million Warrington Living Well Hub led by Warrington and Halton Teaching Hospitals. In 2021/22, plans were developed to introduce a facility in a central location for people to come and seek early advice and support on a range of health and wellbeing issues. Named the 'Living Well Hub', it is led by the Warrington and Halton Teaching Hospitals NHS Foundation Trust but is being shaped in collaboration with multiple stakeholders.

This will ensure that the Hub includes a number of services under the same roof, with services to be delivered by the hospital trust, community healthcare providers, social care partners, and third sector and voluntary organisations. All partners are working hand in hand to help give people early access to the help and support that they need to keep them healthy and help them to live as independently as possible. The Living Well Hub will help achieve better health outcomes across the local population and support early intervention and the prevention of ill health. The Hub is due to open in late 2023.

Health and social care academy

A £1million Health and Social Care Academy (HSCA) led by Warrington and Vale Royal College. The Academy will provide local people with education, skills, training and experience in a range of health and care roles. Having opened in 2022, it will support sustainable workforce development in health and adult and children's social care as well as future roles in a more integrated health and social care system.



An artist impression of the new Living Well Hub



The Health and Social care Academy at Warrington and Vale Royal College

Commissioning and delivery

The Board, through the commitment of its members from across the system has continued to develop system wide working on the commissioning and delivery of services and has strengthened the integration of health and social care by:

- Continuing to receive reports on the Better Care Fund (BCF) pooled budget and the use of the fund to prevent ill health, help the re-ablement of patients, improve support for patients leaving hospital and make sure that patient pathways are right
- Inputting into plans to 'keep people independent at home'. This includes improving packages of care for people leaving hospital and supported discharge. In support of this vision, in March 2021, the Board received updates on the improvement and redesign of bed based and community based Intermediate Care Services. These services help people to stay independent and in their own homes and to return to independence after leaving hospital

Integrated Care System

The Board's strong partnership working helped set the foundation for work with the new Cheshire and Merseyside Health and Care Partnership (the Integrated Care System (ICS)). The Board also supported the development of the Warrington Together Partnership Board and worked to ensure a strong focus on place and the people of Warrington within the ICS.

As part of this focus, the Board endorsed the Warrington Together 'Place based Health and Care Five Year Plan April 2019-April 2024'. It has also committed to work with the Warrington Together Partnership Board to help address the wider determinants of health.

Marmot 'All Together Fairer'

The Board has continued to ensure a focus on collaboration to tackle the broad determinants of health and the prevention of ill health. The Board has endorsed the Marmot programme of work in Cheshire and Merseyside 'All Together Fairer', and is working with our neighbouring councils to take forward a regional approach to addressing the causes of health inequalities. This work is supported by the expertise of the Marmot Team based at the Institute for Health Equity, University College London.



**Working as one to build a fairer,
healthier Cheshire and Merseyside**

Reviews and reports

The Board makes recommendations based on external reports, for example, those received from Healthwatch, patient and service user involvement groups and LiveWire services.

Specific reports were received also on local services including: the reconfiguration of breast screening services, Primary Care Network priorities and Warrington and Halton Teaching Hospital's New Hospitals Programme.

The Board also received and considered reports on specific topics (e.g. on suicide prevention in Warrington) and advised on actions to progress the work.

Board membership

From September 2021, chairmanship of the Board was passed from the Chief Executive of Warrington Borough Council to the Cabinet Member for Statutory Health and Adult Social Care.

The Chief Executive of the council remains on the board. At this time, new members joined, including the council's Director of Growth and Director of Environment and Transport and the NHS Cheshire and Merseyside Warrington Place Director.

Fond farewells were extended to the council's Accountable Officer and the Chair of the Clinical Commissioning Group. The Chief Executive of Warrington Citizen's Advice Bureau continues on the Board.

Setting local priorities

With the Local Government Association (LGA), the HWB and other stakeholders reviewed the 2019-23 health and wellbeing strategy in light of the Covid-19 pandemic. Three shared local priorities were identified as part of a more targeted and system wide approach to improving health outcomes and reducing health inequalities in Warrington to support recovery. The priorities stem from the Health and Wellbeing Strategy and the Warrington Joint Strategic Needs Assessment (JSNA) and are:

- Living Well
- Intervening earlier to support people suffering from low level Mental Health problems, in order to identify opportunities for prevention
- Food poverty/security

These priorities were chosen as:

- they are crucial to improving life expectancy and reducing health inequalities locally
- they contribute to improving the current Health and Wellbeing Strategy core outcomes
- these are areas where a focus will support work to address the impact of the Covid-19 pandemic on the population

A summary of progress against the three priorities is as follows.

Living Well

The Living Well work aims to connect people, communities and services to “enable people to live and age well, be active and live healthy, fulfilling lives, connect with people, communities and services that promote wellbeing and independence and help people to take greater control over their own health, wellbeing and resilience”.

Actions include:

- Develop the Living Well branding and information resources to improve communications to support people to access the right information, resources and help at the right time to help them live well
- Further train frontline staff to help them to support people to “live well”, including an understanding of the resources available and approaches such as ‘Good Conversations’ and ‘Making Every Contact Count’
- Work with, support and help mobilise the Voluntary and Community Sector to continue to support residents and connect communities
- Ensure that residents have access to written resources to help them live well and to help signpost people into local services
- Expand ‘Talking Point’ locations across the borough, which support people with ‘good conversations’ to ensure that people are put in contact with the correct support and services in the community
- Work with local communities to identify gaps in services to help them live well and to co-produce
- Connect the wellbeing offer across Warrington to ensure communities access the network of social prescribing and wellbeing services in an efficient and timely manner



Public Mental Health

The subgroup for Public Mental Health¹ is continuing its work on the promotion of good mental health and the prevention of mental ill health. Intervening at an early stage is key in supporting people experiencing low level mental health problems. The group is working to:

- Build capacity and capability in the wider workforce by providing training on public mental health for frontline staff in a range of services. In this way frontline staff will be better able to: support people experiencing low level mental health issues and to signpost them into services; promote good mental health and intervene early to help prevent mental illness escalating and improve the quality of life to people living with mental illness
- Review and improve the local mental health training offer and carry out a training audit with a range of organisations to identify their training needs and capacity to help organisations to support people with low level mental health issues
- Undertake a system-wide assessment of Warrington's approach to public mental health against good practice. This will inform our approach going forwards
- Improve local data collection on public mental health by partner organisations and pilot a way to evaluate the impact of local preventative services (including community and voluntary sector) on public mental health. This work will help us to plan services in future.

¹This Task and Finish Group is a subgroup of Warrington's Mental Health Partnership Board and includes colleagues from the NHS, council, voluntary and community sector organisations.

- It has improved the Warrington 'Happy, OK, Sad?' website (happyoksad.org.uk) so that it is easier to navigate ensuring that people and workplaces have up to date mental health resources and online support tools and are able to promote and signpost people into local service provision. The website content has been shaped by the feedback of people with lived experience of mental health issues



Happy? Ok? Sad?

Poverty

The Board continues to support action on food poverty and the response to the cost of living crisis. There is a multi-agency Poverty Group to address food poverty and cost of living crisis in a joined up way. This partnership has delivered and will continue to deliver on the following:

- Established six food provider sites delivered by 'The Bread and Butter Thing' project
- Established the Warrington Food Network. This brings together local voluntary food groups so they can better support local people to access low cost food
- Jointly funded a food poverty coordinator
- Continued to roll out the delivery of the Household Support Fund
- Developed a Cost of Living directory, which links to sources of help including: food banks, sources of financial support, sources of food support, warm centres and school uniform swap shops. The Cost of Living directory is hosted on the council's website and on partner websites
- Developed an interactive food network map to enable people to access a range of sources of food support - including: community grocery, food banks
- Coordinated a series of one off events to support local communities
- Opened a Community Shop to support people on benefits - this is a partnership between a not for profit organisation and the council
- With other organisations, the Poverty Group has joined 'Feeding Britain' which helps to give a local voice and enable groups to ask government policy makers questions about food poverty
- Identified a number of sites as warm centres - these were publicised on the council's website. This was funded by the council with the grants administered by Warrington Voluntary Action
- Worked closely with health, housing and adult social care, to identify vulnerable individuals to make sure they have the necessary energy to keep warm

- Continued to work on the fuel poverty agenda and take a population health management approach using data to target areas of the town in greatest need. This ensures that resources are directed to people who need them most
- The establishment of a Poverty Truth Commission

These three priorities, Living Well, public mental health and poverty, have been adopted by the new Warrington Together Partnership Board as key transformation programmes.

Help and support is available



warrington.gov.uk/cost-living-support

Health in Warrington - high level outcome indicators

In this section, we highlight progress against a range of high level health outcomes included in the current Health and Wellbeing Strategy. It includes the latest data for which we have comparative figures for England and shows our direction of travel. The data shows that many local people experience good health and wellbeing and that for many of these high-level outcome indicators Warrington is similar to the England average. More detailed information is provided in Appendix 1.

Core outcomes

Healthy life expectancy: The latest data (2018 to 2020) indicate that healthy life expectancy in Warrington is similar to the average for England. For 2018 to 2020, healthy life expectancy (an estimate of the average number of years a person could expect to live in good health) was 64.6 years among males and 64.8 years for females compared with the England average of 63.1 year among males and 63.9 years among females.

Between 2011 and 2013 and 2018 to 2020, healthy life expectancy for males in Warrington increased by 2.4 years among males and by 3 years among females. Over the same time period, healthy life expectancy in England saw little change, a reduction of 0.1 years for males and an increase of 0.1 years for females.

Local analysis of differences in life expectancy between different areas of the borough shows that, despite increases in life expectancy overall, there remains a gap in life expectancy between the most and least deprived areas. This local analysis saw a gap of 10.3 years for males and 8.2 years for females between the most and least deprived areas (data for 2018-20). This differential in life expectancy is similar to England, which has a gap in life expectancy at birth of 9.7 years among males and 7.9 years among females.



Strong and Resilient Communities

This strategic theme in the current Health and Wellbeing Strategy broadly aims to ensure that people have the skills and resources to improve their life chances.

Employment: The proportion of working age people in employment in Warrington is higher than the England average. Figures for 2021/22 show that in Warrington 79% of people aged 16-64 years were in employment compared with 75.4% in England.

Fuel poverty: Data for 2020 show that the proportion of people living in fuel poverty was lower than the England average at 11.3% locally compared with 13.2% in England.

Housing: Housing affordability for 2020/1 was similar to the England average showing that the ratio of house price to residence-based earnings was 7.1 locally versus 9.1 for England. These latest data do however mask differences across the borough and do not take into account the cost of living crisis.

Starting Well

This strategic theme aims to ensure that children and young people get the best start in life in a child friendly environment. In considering the level indicators for this theme, Warrington performs better than the England average for two of the three.

- **School readiness:** Figures for 2021/22 showed that Warrington had a higher level of school readiness at aged 5 years than the England average, 69.5% compared to 65.2% nationally
- **Excess weight:** Warrington had a lower proportion of children in Year 6 with excess weight, 35.2% in Warrington compared to 37.8% in England in 2021/22
- **Emotional wellbeing of looked after children:** In 2021/22, 42% of looked after children aged 5-16 had emotional wellbeing as a cause for concern. Although similar to the England average of 37%, this proportion had increased by 2% since the previous year



Staying Well

This strategic theme aims to enable people to live and age well, be active and live healthy, live fulfilling lives; connect with people and services that promote wellbeing and independence and to take greater control over their own health, wellbeing and resilience. Warrington was similar to the national average for eight Staying Well indicators.

- **Healthy lifestyles:** The proportion of adults aged 18+ with excess weight (2020/21) was 64.2% in Warrington. This is similar to the national level of 63.5% and is similar to the previous year.
- **Physically active adults:** The proportion of physically active adults aged 19+ (2020/21) was similar to the national average at 68% compared to 65.9% nationally.
- **Long term conditions:** In Warrington, 55.6% of people felt supported to manage their long term condition (Q4 2020/21) compared to 54% nationally.
- **Preventable deaths:** The latest data shows that Warrington had a preventable mortality rate (per 100,000) that was lower, but not significantly so, than England. Figures for 2021 show that Warrington had a rate of 176.2 deaths per 100,000 with causes considered preventable, compared to an England rate of 183.2 deaths per 100,000. The rates of premature deaths in adults with serious mental illness (SMI) (2018-20) were similar to England. Warrington's rate of among adults with SMI was 111.3 per 100,000 compared to an England rate of 103.6 per 100,000.

- **Air pollution:** Figures for 2021 show that 5.2% of deaths were attributable to exposure to poor air quality this is similar to England at 5.5%. This is an estimate of deaths attributable to long-term exposure to air pollution that is generated by human activity in a local area in other words, potentially preventable.
- **Hospital admissions:** Warrington was similar to the national average on the two high level measures, alcohol related admissions and preventable hospital admissions. Figures for 2020/21 for alcohol related hospital admissions showed a rate similar to that of England (466.6 per 100,000 for Warrington compared with 494.0 per 100,000 nationally). This showed a marked decrease from the previous figures for 2019/20, also seen in relation to all unplanned admissions as the pandemic progressed.

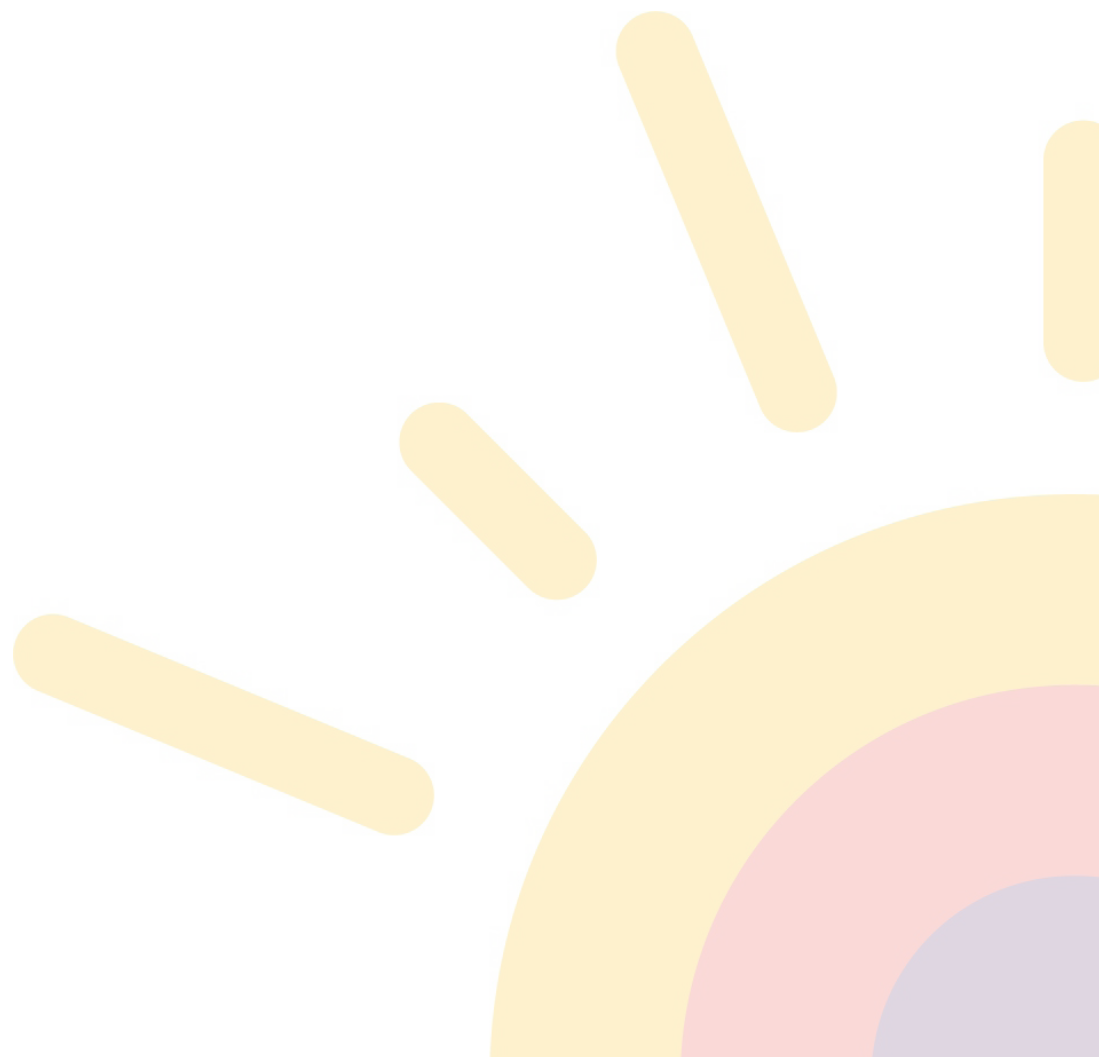
In relation to preventable hospital admissions, figures for 2020/21, show similar rates to England (875.8 per 100,000 compared to 849.9 for England. This is an improvement compared to the previous year where rates were significantly worse compared to England. The latest data on use of hospital beds following emergency admission are from Q4 2018/19, which showed that rates for Warrington were significantly worse than England, 1264.6 per 1,000 in Warrington compared with 976.7 nationally.



Ageing Well

This strategic theme aims to ensure that people age well and live healthy fulfilling lives into old age. Warrington was similar to the England level on all four high level indicators.

- **Hospital admissions due to falls:** Rates for 2021/22 (calculated using 2021 census figures) show that Warrington had a similar level of hospital admissions due to falls in people aged 65+ at 2098 per 100,000 compared to 2100 for England
- **Quality of life:** The social care related quality of life score for users of social care aged 65+yrs in Warrington for 2021/22 was similar to the England average at 17.6 and 18.5 respectively
- **Staying at home:** In Warrington, as nationally, 82% of older people aged 65+yrs were supported to stay at home for longer after a hospital admission (2021/22), this is an increase on the previous year.
- **Delayed transfer of care:** Figures for 2019/20 show that Warrington had a delayed transfer of care rate of 9.6 per 100,000 of the 18+ population, which represents an improvement on the previous year and is similar to the England rate of 10.8



Next steps

The HWB will publish a new joint local health and wellbeing strategy (JLHWS) in 2024, which sets out the priorities for improving the health and wellbeing of its local population and how the identified needs will be addressed, including addressing health inequalities, and which reflects the evidence of the JSNA.

It is important that Warrington's Health and Wellbeing Strategy is based on the best available and local health intelligence to understand the health needs of our population. Important sources of information will be the Residents' Survey and the population Health and Wellbeing Survey 2023, which is currently underway. The population Health and Wellbeing Survey 2023, delayed until now due to the Covid-19 pandemic, will provide up to date population level and place based/ sub population level data on health and wellbeing and health risk factors. Along with existing JSNA information, this survey will help to inform Board priorities and plan actions to improve health and tackle health inequalities. The high level findings from the Survey will start to be available from summer 2023.

The next Health and Wellbeing Strategy will be informed by the Cheshire and Merseyside Marmot Community principles and the Marmot beacon indicators. The Strategy will be used, along with those of the 8 fellow Cheshire and Merseyside local authorities, to inform the Cheshire and Merseyside Health and Care Partnership's Strategy.

The Board will communicate our new Health and Wellbeing Strategy to residents, using a range of channels such as My Life Warrington.

Building on our preventative approach, the Board will utilise Population Health Management approaches to help target services.

The Board will also support work taking place to develop services and capacity to help people to live independently at home (not in hospital), with an appropriate level of care.

Building on our strong partnership arrangements, the Board worked with the Local Government Association (LGA) in 2022 and reviewed its membership and governance arrangements in the light of: the impact of the Covid-19 pandemic, NHS reforms, work to address social and economic determinants of health and the integration of health and social care systems. The Board will continue to strengthen its membership and links with the Cheshire and Merseyside Health and Care Partnership. The breadth of the HWB membership is consistent with Marmot principles and includes voluntary partners, range of primary care partners, housing and children and young people's services.

The Health and Wellbeing Board would like to thank Sheila Paul and Thara Raj as authors of this document and to thank the public health team for all contributions to this report.

Appendix 1: Health and Wellbeing Strategy Indicators, March 2023

Health and Wellbeing Strategy Indicators, March 2023	Count	Warrington Value	England Average	Statistical Significance: Warrington vs England Overall	Is a high/low value good?	Lowest LA Value	Range between England Local Authorities	Highest LA Value	Trend (from previous year)
High level outcome indicators									
Healthy life expectancy at birth (males) Years (2018-20) *	-	64.6	63.1	Similar	high	53.5		74.7	↔
Healthy life expectancy at birth (females) Years (2018-20) *	-	64.8	63.9	Similar	high	54.3		71.2	↔
Inequality in life expectancy at birth (males) Gap in years (2018-20) *	-	10.3	9.7	Similar	low	2.60		17.0	↔
Inequality in life expectancy at birth (females) Gap in years (2018-20) *	-	8.2	7.9	Similar	low	1.20		13.9	↗
Starting Well									
School ready at age 5, % (2021/22)	1,651	69.5%	65.2%	Better	high	53%		80%	-
Excess weight in children (Year 6), % (2021/22)	840	35.2%	37.8%	Better	low	25%		49%	-
Looked after children whose emotional wellbeing is a cause for concern, % (2021/22)	66	42%	37%	Similar	low	16%		64%	↗
Living Well									
Excess weight in adults (18+), % (2020/21) *	-	64.2%	63.5%	Similar	low	44%		76%	↔
Physically active adults (19+), % (2020/21) *	-	68.0%	65.9%	Similar	high	49%		84%	↗
Alcohol related hospital admissions, DSR per 100,000 (2021/22)	993	466.6	494.0	Similar	low	250.8		839.6	-
Preventable hospital admissions, ISR per 100,000 (2020/21) *	1,810	875.8	849.9	Similar	low	105.9		1383.6	↘
Use of hospital beds (bed days) following emergency admission, ISR per 1,000 (Q4 2018/19) *	262,699	1264.6	976.7	Worse	low	662.4		1389.9	↗
People feeling supported to manage their long term condition, % (Q4 2020/21)	612	55.6%	54.0%	Similar	high	42%		79%	↘
Under 75 Preventable deaths, DSR per 100,000 (2021)	343	176.2	183.2	Similar	low	95.8		334.2	-
Premature mortality in adults with serious mental illness (SMI) (2018-20) *	505	111.3	103.6	Similar	low	52.2		212.4	↗
Deaths attributable to air pollution, % (2021) NEW METHOD	-	5.2%	5.5%	Similar	low	4%		7%	↔
Ageing Well									
Social care-related quality of life score, aged 65+ (2021/22)	120	17.6	18.5	Similar	high	16.1		20.2	-
Hospital admissions due to falls in those aged 65+, DSR per 100,000 (2021/22)	825	2098	2100	Similar	low	1394.0		3271.7	-
Supporting older people (65+) to stay at home for longer after a hospital admission, % (2021/2)	156	82%	82%	Similar	high	32%		100%	↗
Delayed transfer of care per 100,000 population (All delays), 18+, rate per 100,000 (2019/20)	16	9.6	10.8	Similar	low	0.0		27.4	↘
Strong and Resilient									
Percentage in employment, aged 16 to 64 (2021/22)	103,400	79%	75.4%	Similar	high	62.9%		100.0%	↘
People living in fuel poverty, % (2020)	10,293	11.3%	13.2%	Better	low	4.4%		22.4%	↔
Housing affordability: Ratio of house price to residence-based earnings, Ratio (2021) *	-	7.1	9.1	Similar	low	3.3		24.4	↔

* no new data to the March 2023 update
Data correct as at March 2023

